



Poultry

State 4-H record

book

All About Me



Age Division

Age determined as of January 1 of the current 4-H year, which spans from September 1 through August 31.

☐ Junior (9-13)

☐ Senior (14-18)

Contact Information

Name: _____

Address: _____

City, State, Zip: _____

Parent/Guardian Name: _____

Parent/Guardian Phone: _____ Email: _____

4-H County: _____

Extension Agent: _____

Birthdate: _____ Years in 4-H: _____ Grade in School: _____

Project Start Date: _____ Project End Date: _____

Signatures

By signing below we certify that: I (the Participant) personally kept records on and completed this record book for this project; I (the parent or guardian) helped my child only as needed to complete this record book and the tasks associated with this project; and I (local Clemson Extension Agent) confirm that the Participant is a current member, in good standing, of 4-H.

4-H Member's Signature: _____ Date: _____

Parent/Guardian's Signature: _____ Date: _____

Extension Agent's Signature: _____ Date: _____

SC 4-H Livestock Activity & Event Involvement

Please check all the SC 4-H livestock activities and events that you have participated in over the past 4-H year. Points will be given for each event and applied to your total record book score. 4-H members may add "Other" state and/or national activity or events for the judges' discretion to award points. These "Other" activity or events must be open to any 4-H members in South Carolina to attend and does not include county or multi-county activity and event. Examples include SC 4-H Market Steer Show, Junior Beef Roundup Show, Southeastern Dairy Retreat, and SC 4-H Poultry BBQ.

	Name of Event or Activity	Date of Event	Possible Points	Points Awarded
<input type="checkbox"/>	State 4-H Presentation/Communication Contest		2	
<input type="checkbox"/>	State 4-H Livestock/Dairy Judging Clinic		2	
<input type="checkbox"/>	State 4-H Livestock/Dairy Judging Contest		2	
<input type="checkbox"/>	State 4-H Livestock/Dairy Knowledge Contest <i>(Includes Jr. Beef Roundup Cattlemen's Contest, State 4-H Dairy Foods Contest, State 4-H Quiz Bowl Contest, etc.)</i>		2	
<input type="checkbox"/>	South Carolina State Fair Livestock Show		2	
<input type="checkbox"/>	State 4-H Congress		1	
<input type="checkbox"/>	State 4-H Sr. or Jr. Teen Weekend		1	
<input type="checkbox"/>	State 4-H Ambassador		1	
<input type="checkbox"/>	State 4-H Livestock Ambassador		2	
<input type="checkbox"/>	Other: _____			
<input type="checkbox"/>	Other: _____			
<input type="checkbox"/>	Other: _____			
TOTAL POINTS			15	

These points will be in consideration for state-wide 4-H livestock project awards. All County and multi-county participation should be inserted in project experiences, project story, and/or supporting materials.

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Introduction to 4-H

In 4-H, we believe in the power of young people. We see that every child has valuable strengths and real influence to improve the world around us. We are America's largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime.

The 4-H program is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. South Carolina 4-H Youth Development is the youth component of Clemson University Cooperative Extension, fulfilling our land-grant mission by taking research-based knowledge and educational resources to our state's youth (ages 5-18). Kids complete hands-on projects in areas of health, science, agriculture, and citizenship in a positive environment, where they receive guidance from adult mentors, and they are encouraged to take on proactive leadership roles. Youth experience 4-H in every county and parish in the country—through in-school and after-school programs, school and community clubs, and 4-H camps.

Based on their interests and guided by adult mentors, youth develop their own pathway in 4-H. They select from a broad menu of local 4-H programs. There are hands-on and learn-by-doing opportunities for everyone.

For more information to get involved with South Carolina 4-H, contact your local county Cooperative Extension Office: <http://www.clemson.edu/extension/co/index.html>

To receive more information on state-level 4-H opportunities, visit:
<http://www.clemson.edu/extension/4h/index.html>

**“Making
the
Best
Better.”**

4-H Motto

“ I pledge
my **HEAD** to clearer
thinking,
my **HEART** to greater
loyalty,
my **HANDS** to larger
service, and
my **HEALTH** to better living
for my club, my community,
my country, and my world.”

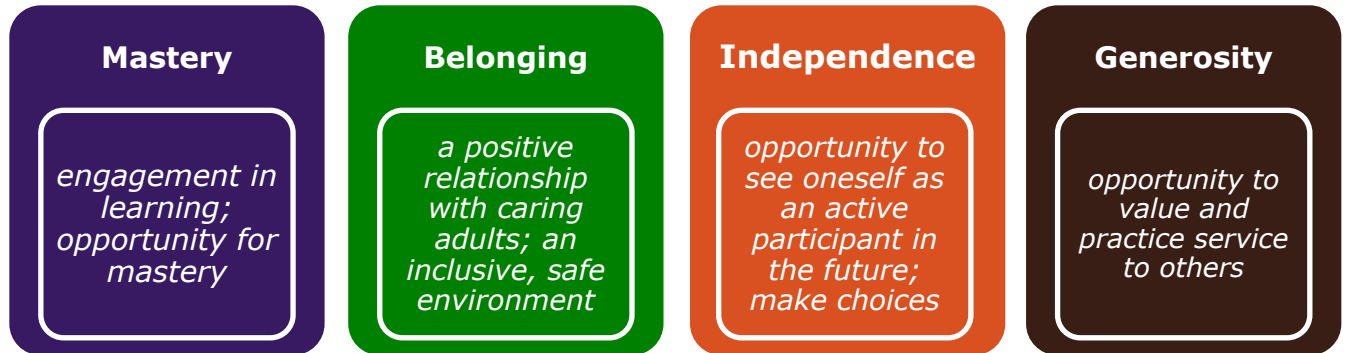
4-H Pledge

**“Learning
By
Doing.”**

4-H Slogan

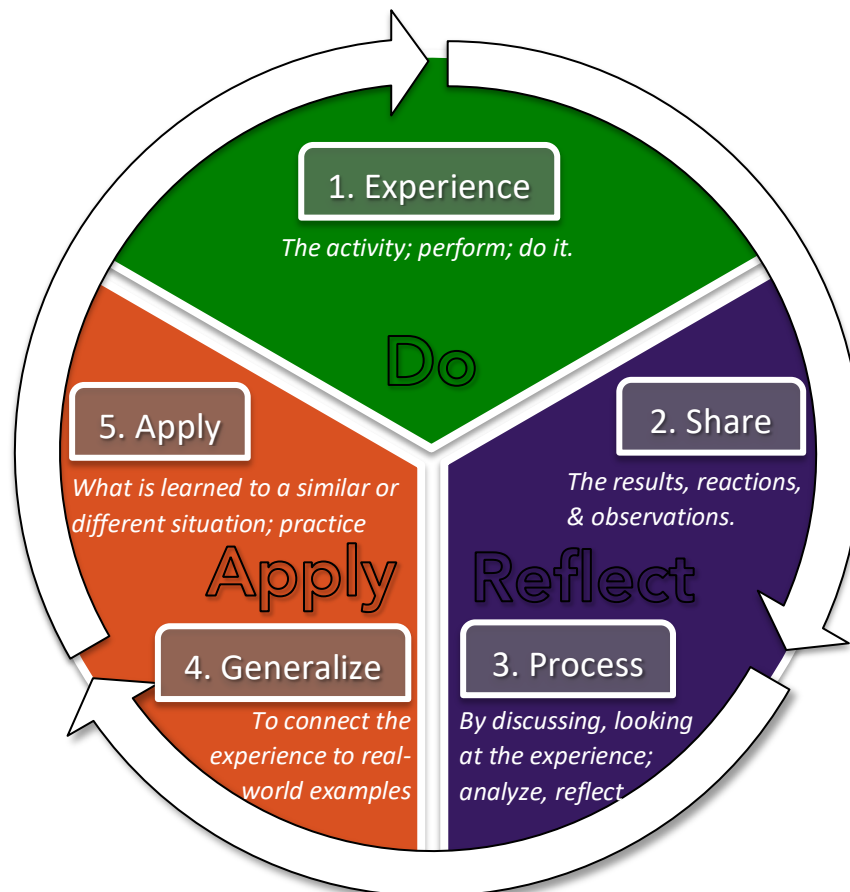
Essential Elements of 4-H Youth Development

The essential elements of 4-H youth development are the underlying principles that we embed in programs, curricula, and learning opportunities to promote positive youth development. Regardless of the project area, youth need these four essential elements to develop to their fullest potential with a variety of experiences.



Experiential Learning Model

In 4-H, supportive, caring adults help youth discover what they are learning with minimal guidance. Part of their experience is to learn and discover on their own and to pursue deeper understanding to be able to apply what was learned in other life situations. We encourage youth to seek, and adults to provide, mentoring in life- and technical skill development through use of the **five-step experiential learning model**.



Introduction to the SC 4-H Livestock Program

South Carolina 4-H Livestock Program is one of the six main project areas in South Carolina 4-H. Each of the six projects has their own programs and events for youth to participate. We offer a wide variety of experiences and opportunities to get involved with 4-H.

South Carolina 4-H's **Six Main Project Areas**



As of 2015-2016 club year, South Carolina 4-H had over 102,000 youth enrolled!

Nationally there are more than 6 million 4-H'ers with an estimated 25 million 4-H Alumni

We are so glad to have you as a part of this national and international organization!

Record Book Instructions

- Read through this book as soon as you get home. You want to become familiar with the information you will be recording and the activities you will be participating in early.
- Complete essential information when you first start your project, such as the cover page, the project goals page, and the animal identification page.
- Discuss this record book with a parent, 4-H leader, or agriculture teacher. Make sure to ask lots of questions so you fully understand what you are expected to do in each section of this book.
- Keep your records current! It is recommended that you record information as it occurs in a separate notebook or calendar, and then transfer it to this record book at the end of the project.
- Write clearly and legibly. Use only one color ink. Neatness counts!
- Photographs demonstrating what you did and learned during this project will be expected. So do not forget to take lots of pictures!
- Make sure ALL photos have a caption explaining what you are doing AND why or what you are learning in the photo.
- Make sure all photos are securely attached.

- If you are having problems you may consult other members of the club, your club leader, your parents, or your mentor, but **all work must be completed by you**, not someone else. This book is for you to learn from.
- This is a record of your experiences so it should reflect your personality. Have fun and be creative!
- Complete all sections thoroughly as possible with essential information.
- Do your own work, but ask your 4-H leader, Extension Agent, parents, or mentor for help when you do not understand something. You may only duplicate pages as instructed on the page.

Frequently Asked Questions

- **What is a project record book?** A project record book is a tool to help you learn about your project animal, as well as other valuable skills such as setting goals, collecting information, evaluating information, tracking costs and expenses, organization, and reflecting on your experiences.
- **Who needs to complete a record book?** Everyone participating in the South Carolina 4-H Livestock Program should complete a record book. Completion of a record book is required to receive year-end awards at the South Carolina 4-H Livestock Awards Banquet.
- **Why should I complete a record book?** A record book is not meant to be a chore. Instead, it is designed to be a tool to help you learn valuable life skills, such as record keeping, staying organized, and effective communication. Your record book can also show how hard you have worked, how much you have learned, and what you have done throughout the project. Also, keep in mind, your record book score is included in the calculation of overall end-of-project awards and scholarships.
- **When do I complete my record book?** The South Carolina 4-H Livestock Program Record Book runs the calendar year (January 1 to December 30) with project record books due January 31st, following the project's conclusion. If your livestock project begins in one calendar year but ends in another calendar year, then the record book should be turned in the following January 31. You should begin filling out your record book on January 1 or the beginning of the animal project. For example, the 4-H livestock project starts in December 2017 and end in March 2018 then the project book would be due to the state 4-H office on January 31, 2019.
- **Where do I turn in my record book?** You should submit your completed and signed record book by January 31 to the Clemson University Cooperative Extension Service Office (4-H office) in your county or the county you participate in 4-H.
- **Will I receive feedback about my record book?** After you submit your record book, it will be scored based on the criteria listed on the last page of this book. All record books will be returned to you at the annual South Carolina 4-H Project Record Book Banquet, with comments and feedback about your record book, activities, and overall project.

Goal Setting

Name at least two goals you would like to achieve by participating in this project, as well as an action you will take to achieve each goal. In addition, think of challenges (i.e., problems) or potential limitations that may prevent you from achieving your goals. **Use the table below to write your goals, actions, and challenges.**

	Goal	Action	Challenge
Example	Learn common health problems my project animal may have?	Study resources, work with a knowledgeable producer, and identify signs of problems in my project animal.	Biosecurity issues may prevent me from being able to identify some common diseases in real world situations.
1			
2			
3			

Animal Identification

Poultry Inventory Record

Keep track of your flock! Identify your 4-H project birds. Add other backyard flocks that you consider to be a part of your 4-H work. For larger flocks, group the breeds together, as in the example below. (Note: Color and description should be given for mature birds, not chicks that do not have their adult feathers.)

NPIP or Animal ID (Leg Band)	Description (breed, color, marking, etc)	Date of Hatch	Sex M/F	Ownership Information	Purchase Price	Value
Example: #001-#010	10 Plymouth Barred Rock Black & white barred	4/22/2018	10 F	<input type="checkbox"/> Raised X Purchased	\$3/each	\$30
				<input type="checkbox"/> Raised <input type="checkbox"/> Purchased		
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				<input type="checkbox"/> Raised <input type="checkbox"/> Purchased		

Feed Label

Securely attach a feed label(s) that clearly show %protein, contents, medicated or non-medicated.



Gaining Knowledge

As a 4-H member, and responsible animal owner, it is important to learn all that you can about the animals you are raising. In order to gain this knowledge, you may have to do some research (online, with a specialist, ask a veterinarian or other farmer, etc) to find out the information to make educated decisions of your own and to raise healthy animals. Please answer the questions in complete sentences, and in the space below (additional pages may be added). Cite your sources.

1. What does NPIP stand for and why is it important for 4-Hers to have their birds tested?
2. Research the origins of the poultry that you own or have as a 4-H project. (What country did they originally come from? Does this breed have a purpose – meat/eggs? Is it a heritage breed? What are the typical colors, varieties etc. of this breed?)

Animal Health

Animals, like people, need vaccinations and medicine to keep them healthy. When it is time for your animal's vaccinations, deworming, or if he or she gets sick and needs medicine, work with an adult to fill out the table below to explain what you have given your animal and why. **THIS PAGE MAY BE DUPLICATED.**

Animal Identification	Date	Weight	Condition Being Treated	Treatment Given (include dosage)	Is there a withdrawal time? If yes, how long?	Results

Project Experiences

In this section, you will need to record all **4-H and non-4-H events** and activities you have attended. These can be club meetings, clinics, workshops, shows, sales, tours, visit with livestock producers/professionals, time spent working with your animal (include hours in comments) and much more. Experiences that involve training your project animal, improving animal living conditions, and general farm management can be include in this section (daily chores should not be included). Make sure to fill out the "Comments" section of the table with any information about what you learned, animals involved, and/or awards/ribbons received. **THIS PAGE MAY BE DUPLICATED.**

Name of Event/Activity	Date & Location	Comments: (What you learned, ribbons/awards gained)

Leadership Experiences

*This experience refers to those times, whether 4-H or non-4-H, where you lead others and/or helped them accomplish more than they could have without your involvement. **THIS PAGE MAY BE DUPLICATED.***

Date	Description

Citizenship/Community Service Experiences

*This experience refers to those times, whether in 4-H or non-4-H, where you engaged in activities that helped or contributed to the betterment of your community. Be sure to record your hours spent working on and the actual citizenship/community service experience. **THIS PAGE MAY BE DUPLICATED.***

Date	Description	Hours

Project Finances

My expenses are based on: ☐ 4-H Birds Only ☐ Additional Poultry

Project Expenses

A. Equipment Expenses

List any feed pans, buckets, muck buckets, pitchforks, fencing, housing supplies, shavings/bedding, or any other equipment expenses related to raising your animal(s). **THIS PAGE MAY BE DUPLICATED.**

Date	Description (including quantities)	Total Cost
Total Equipment Expenses		

B. Feed Expenses

Be sure to include feed, hay, supplements, vitamins, minerals, or any other feed-related expenses associated with the cost of raising your animal(s). **THIS PAGE MAY BE DUPLICATED.**

Date	Description (including quantities)	Total Cost
Total Feed Expenses		

C. Health & Medical Expenses

Include any vaccines, de-wormer, blood work, veterinary bills, medicines (veterinary prescribed and over the counter), or any other healthcare expenses related to raising your animal(s). **THIS PAGE MAY BE DUPLICATED.**

Date	Description (including quantities)	Total Cost
Total Health & Medical Expenses		

D. Other Expenses

Be sure to include the initial cost of the animal(s), show entry fees, project fees, membership fees (4-H and non-4-H), or any other expenses that do not fit in the other categories and are related to this animal project. **THIS PAGE MAY BE DUPLICATED.**

Date	Description (including quantities)	Total Cost
Total Other Expenses		

Total Project Expenses

To calculate your project's total expenses, add all your expenses together.

Total Equipment Expenses	_____	TOTAL PROJECT EXPENSES: <div></div>
Total Feed Expenses	_____	
Total Health & Medical Expenses	_____	
Total Other Expenses	_____	

Project Income

Total Project Income

Be sure to include the premium dollars won at shows, scholarship dollars earned, income from the sale of animals, and any other income made with this animal project. If your animal is not sold, please include the increase in value of the animal. If the in the beginning your bird was worth \$3 and at the end the bird is worth \$25, then your increase in value is \$22. **THIS PAGE MAY BE DUPLICATED.**

Date	Description (including quantities)	Total Income
Total Project Income		

Project Profit or Loss

If you earned more money than you spent, then your project made a profit. If you spent more than you earned, then your project experienced a loss. To find out if you made a profit or experienced a loss, you subtract your total expenses from your total income. Use the equation below to calculate your project profit or loss. Do not worry if your project did not make money! 4-H Livestock Projects are about learning and having fun.

Total Project Income:

—

Total Project Expenses:

=

Project Profit or Loss:

Reflecting On Your Goals

At the beginning of the project, and this project record book, you were asked to identify at least two goals. Using the table below record what action(s) you took to achieve each goal and any challenges you faced along the way.

	What was your goal?	Did you achieve your goal? Why or Why not?	What would you do differently (if anything) to improve for the future?
1			
2			
3			

Senior or Junior 4-H Project Story

Your 4-H story should reflect the impact that your 4-H project has had on your life or the lives of those around you. It should not merely repeat what has already been documented in your experiences section.

Project Story Guidelines

- Should be handwritten on 8 ½ X 11 sheet of paper. Notebook paper is allowed.
- The length of the story should be age-appropriate. 4-H project story pages should be **at least** 1 page for Junior 4-H members and 3 pages for Senior 4-H members. Story should not exceed 3 pages (front and back, or 6 front only).

Project Story Outline

Section 1: Introduce Yourself

Write about your family members, other animals, and any hobbies or interests you have.

When and why did you join 4-H?

Why did you choose to participate in this SC 4-H Livestock Project?

Section 2: Goals

What were your goals for this project and why did you choose them? What did you do or could you have done to help reach your goals?

Section 3: Participation and Activities

Explain your level of participation.

What did you have the most fun doing or participating in?

Which activities did you like doing the least?

Discuss at least one way you helped or taught others.

Section 4: Knowledge and Skills Gained

How did participating in this project help you learn about chickens/poultry?

Discuss any skills or knowledge you've gained or improved and how you did that this year.

Section 5: Summary

What was the greatest challenge you faced during this project and how did you overcome it?

What are the three most important things you learned this year during the project? Would you choose to participate in this project again? Why or why not?

4-H Story Release

The Clemson University Cooperative Extension Service and 4-H Youth Development Program are proud of our project members, what they learn, and what they experience in 4-H! Sometimes we like to use excerpts (parts) from member project stories to show the public how our programs impact our youth members. We will not attach real names to any project story used for publicity purposes. If you do not want your story shared with the general public we want to honor that. Please let us know your preference by checking one of the boxes below:

☐ You may use my story for publicity. OR ☐ Do not use my story for any publicity.

4-H Project Support Materials

This section is allowed maximum 5 pages (8 ½ X 11 inches) for support materials; content on front and back is acceptable. Attach pages after this page and before the “Record Book Judging Criteria” page. A variety of materials are encouraged and must have detailed captions/labels. Possibilities include:

- A summary of your awards and recognition
- Certificates of achievements (size reduction is acceptable)
- Drawings
- Newspaper clippings
- Sample of agenda or meeting minutes you’ve written, etc.
- Photographs
- Other

4-H Livestock Record Book Judging Criteria

This is the sheet the judge will use to score your record book. Read through this sheet and make sure to keep these criteria in mind while you are filling out your record book.

Participant's Name: _____ 4-H County: _____

Points Possible	Category	Judging Criteria	Points Awarded
20	Project Experience	Clearly stated goals that are challenging but not unattainable. Shows evidence of working toward goals and goals are reflected on. Book is completed by participant (not an adult) and is appropriate for age/experience level. Information and participation in activities and events reflects character and skill building.	
15	Project Story	Well thought out, descriptive, creative, highlights what was learned in the project, includes both good and bad experiences, explains level of activity and participation, and summarizes the overall experience in the project.	
10	Leadership Experience	Clearly stated leadership experience that is appropriate for age and project experience level.	
10	Citizenship/Community Service Experience	Clearly stated citizenship/community service activities that are appropriate.	
10	Overall Neatness	Easy to follow and read, professional looking, correct spelling and grammar. Shows effort, creativity, items attached neatly and securely.	
10	Overall Completeness	All signatures and essential information is included (some lines may be left blank if they do not apply). Shows overall effort and creativity. Accurately completed all finance equations.	
10	Support Materials	Relevant support materials that illustrate skills acquired or learning experiences. Have captions describing what is happening and why or what is being learned.	
15	SC 4-H Livestock Events & Activities	Calculation given on page 3.	
Total Points Possible		Total Points Awarded	

Acknowledgements:

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